

Providing support and help to our students and families at **The Bridge Academy** means we are more effective in promoting support as soon as we can. School-based early help means providing support as soon as a problem emerges, at any point in a child's life.

Safeguarding & Wellbeing			Student Support & Character Development		
Child Protection, Mental Health & Wellbeing	Looked After Children	Family Engagement & Attendance	Social and Emotional Development	SEND	Alternative Curriculum
<p>Mr Payne is the Safeguarding Lead (DDSL) for Secondary and the Senior Mental Health Lead.</p> <p>Ms Lewsley is the DDSL for Primary.</p> <p>If your child is experiencing severe Mental Health issues always contact your GP in the first instance. You can also make referrals to CAMHS or we can support that referral.</p> <p>We can support students who are experiencing poor Mental Health and Wellbeing in school.</p>	<p>Mr Baker is the Deputy Headteacher for Curriculum, Teaching and Learning. He is our Designated Teacher for Children Looked After & Previously Looked After. He coordinates support for students who are currently in local authority care or have previously been in care.</p> <p>We ensure that we work closely with families to offer support and structure to overcome any difficulties This includes specific guidance and support for our LAC students.</p>	<p>Mrs Robb is our Attendance Administrator, who ensures that all students' attendance is kept up to date, and the first port of call for families.</p> <p>Mr (Bob) Halls is our Outreach Mentor and works closely with students that struggle to come into school for a variety of reasons. He uses bespoke mentoring and coaching to remove barriers to attending school.</p>	<p>Mr Knight is our PSHE specialist, leading group lessons and bespoke mentoring to students in school. He covers the statutory topics for RSHE; contextual safeguarding themes relating to our locality and supports students with targeted interventions. He also leads student leadership.</p> <p>Mrs Lindley is our Careers Co-ordinator and supports our students to be 'Work Ready', preparing them for a successful Post 16 destination.</p>	<p>Ms Wakefield is our SENDCo. She supports students and their families with EHCP applications and the SEND strategy across the school.</p> <p>She is also responsible for ensuring students on alternative provision receive an equitable education offer.</p> <p>She also leads our Oracy & Reading Intervention strategy. She works 1:1 and in small groups to promote a 'love of reading'.</p>	<p>Mr Lloyd is responsible for our alternative curriculum which encompasses social and emotional learning, thematic learning of academic topics and outdoor learning.</p> <p>He also ensures that students who are also on dual registration are monitored and supported closely to support their re-integration.</p>



Elliot Payne

Assistant Headteacher
(Pastoral) &
Safeguarding Lead for
Secondary



Luke Baker

Designated Teacher for
Children Looked After &
Previously Looked After



Jo Robb

Attendance Officer



Phill Knight

Lead Teacher for PSHE
& Student Leadership



Emma Wakefield

Lead Teacher for SEND
& Literacy



Matt Lloyd

Lead Teacher for
Behaviour



Dani Lewsley

Assistant Headteacher
(Primary) &
Safeguarding Lead for
Primary



Bob Halls

Outreach Mentor



Bryony Lindley

Careers Co-ordinator

Pastoral Support at The Bridge Academy

At The Bridge Academy, we have a bespoke package of support to our students, that supports them pastorally as well as develop their understanding of our values driven behaviour curriculum. Staff are consistently vigilant for emerging trends, concerns and patterns of behaviour to be responsive.

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Daily RAISE Time

Each day, students see their RAISE tutor for 30 minutes which supports them to set aspirational targets; receive individualised support and track attendance as well as behaviour. Each day has a specific focus that is well planned and sequenced:

Mindset Monday

We will use 'Mindset Mondays' to give young people a fresh start for the week ahead. By setting goals, in line with the knowledge goals of the Valued Behaviours, young people can be empowered and supported to seek steps to achieve this goal. We will use positive and purposeful activities to help prepare young people for the week ahead, using 'Thunks' and quizzes to create positive and healthy competition. Operational matters of the week ahead are discussed, and young people can share openly with the form tutor their thoughts and feelings of their progress last week.

Talk about Tuesday / RAISE Focus

Each half term, a value is selected as a focus to further develop understanding of the value through discussion, activities, and enrichment opportunities. This session is an opportunity to learn the knowledge to embody the values of RAISE and support the learning and development of students in areas such as self-regulation, self-worth, and reflection. We will give young people the opportunity to use Guided Reflection and Restorative Circles to consider how the physical, health, environmental and social factors are having an impact on their learning and how we can use a growth mindset to re-frame our actions.

What's' happening Wednesday

Each week, in line with the chosen value of that term and theme in PSHE, a specific topic is chosen for young people to explore, learn, consolidate, or apply their knowledge to. These topics are based on current affairs, key topical issues, the fundamental British values, key themes from RSHE that are topical or current based on safeguarding and pastoral intelligence and cover the SMSC themes. A variety of means are used to engage and enthuse young people in the topic to ensure that all young people can deepen their understanding of this important topic.

DEAR (Drop Everything & Read) Thursday

In line with the school's Literacy and Reading approach, all young people will engage in a full form time of reading. This can, and will, take many different forms and could include group reading, reading cannon, listening to individual students read or writing thoughts and feelings. Students in Year 11 will use this time to focus on their next steps utilising our working partnership with the Careers Advisor and implement our Careers Strategy so that our students are ahead of their peers in terms of their knowledge of the world of work and application to future study providers. Students will explore possible futures, career pathways and utilise support available to develop their skill set in readiness for the world of work. We will ensure that 100% of students transition to a post 16 placement.

Feel Good Friday (Self-Regulation)

Feel Good Friday is based on our new Self-Regulation Curriculum; that students receive as part of their Friday RAISE time. During the session, students have an immersive social and emotional curriculum. This curriculum will empower our students to manage their behaviours and emotions but also promote empathy, resilience, and a sense of personal responsibility within our school community. The importance of Self-Regulation Lessons is seen as Creating a Supportive Learning Environment; Enhancing Academic Achievement; Building Healthy Relationships; Nurturing Resilience and Mental Well-being. Feel Good Friday is also used as an opportunity to celebrate the positive work of students during the week, share stories of things that have gone well, Feel Good Friday certificates; Golden Tickets.

Individual and Group Bespoke Mentoring

Pastoral Staff at The Bridge Academy deliver bespoke, targeted and sequenced interventions, based on 'The Mentoring Learning Journey' to build resilient, understanding and skills in individuals based on specific topics. Group and individual mentoring sessions have been covered on a range of topics:

- Healthy Relationships
- Conflict Resolution
- Anger Management
- Risk-Taking Behaviours
- Social and Emotional Health
- Behaviour Change

Incident Interventions

Pastoral Staff at The Bridge Academy will also deliver specific interventions following an incident of a key reportable behaviour, which includes:

- Bullying
- Homophobia
- Inappropriate comments
- Racism / discrimination
- Sexual harassment

CORE Curriculum

Our students in Key Stage 3, benefit from a bespoke curriculum, written with a pastoral thread to develop key skills including self-regulation, social skills and the ability to learn in lessons.

Attendance and Welfare Support

For students that are experiencing difficulties in getting into school, we deploy the support of our specialist Outreach Mentor, who will conduct home visits to support student welfare, and use motivational coaching strategies to coach and support students into getting back into education. Through key tools, such as an Interim Reduced Timetable, we see an increase in the attendance and engagement of key vulnerable students over time.

Incident Intervention - Bullying

Learning Outcomes - by the end of the session, students should:

- Identify the actions that they took and what bullying is
- Describe the effects and consequences of their actions on themselves and others
- Explain different responses to dealing with difficult situations in school
- Pledge to make a change to their own behaviour and supporting those around them

Activity	Timings	Content & Learning Activities	Resources
Introduction and Learning Outcomes	5 minutes	Mentor to introduce themselves and explain the purpose of the session about why the session is taking place and help the student understand the incident which requires this follow up intervention.	
Understanding what happened	10 mins	Mentor to facilitate a 'restorative' conversation about the incident the young person understand what has happened and what factual. Infor the following questions, work WITH the young person to help them understand what led to the incident and how others have been affected by their actions. <ul style="list-style-type: none"> What happened? What were you thinking of at the time? What have you thought about since? Who has been affected by what you have done? In what way have they been affected? What do you think you need to do to make things right? 	
What is bullying and why do people bully others?	15 mins	Mentor to ask the young person to use post-it notes to write their thoughts on the sheet which asks three questions: 'What is bullying?', 'What is a bully others?' If the young person is struggling to think of points, lead the discussion. <ul style="list-style-type: none"> Bullying is often known as something that hurts others' 'Severe' Explaining the difference between harm, unkind behaviour and bullying 	

Homophobia Reflection Sheet

Name: _____

1) I accepted to be part of the session: YES / NO

2) I understand my actions have consequences: YES / NO

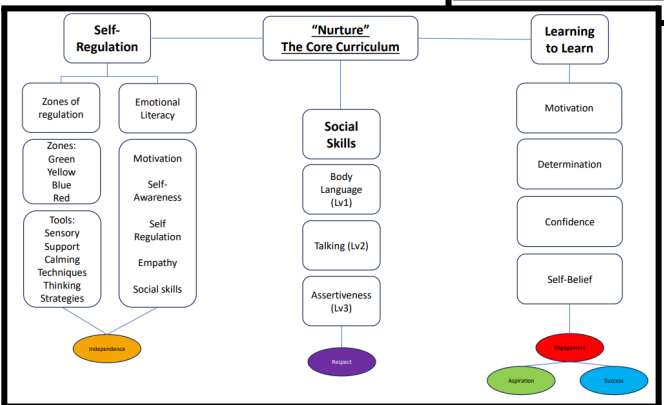
3) Complete the sentence:
HOMOPHOBIA IS: _____

4) The effects of homophobia on others could be:
1- _____
2- _____
3- _____

5) Alternative language I could use

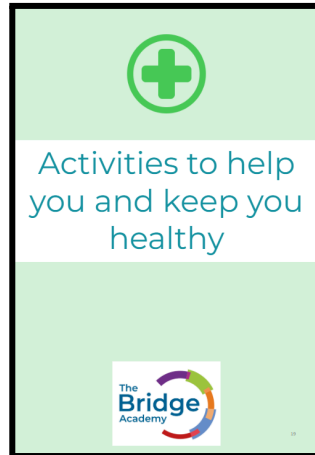
Language	Positive

6) My pledge is:



Mental Health Handbook

We have produced a Handbook for children and families to use that provides lots of information about what to do, how to support YOU and keeping a healthy mind. This guide will help and support the reader to improve mental health and give you support if or when you need it.



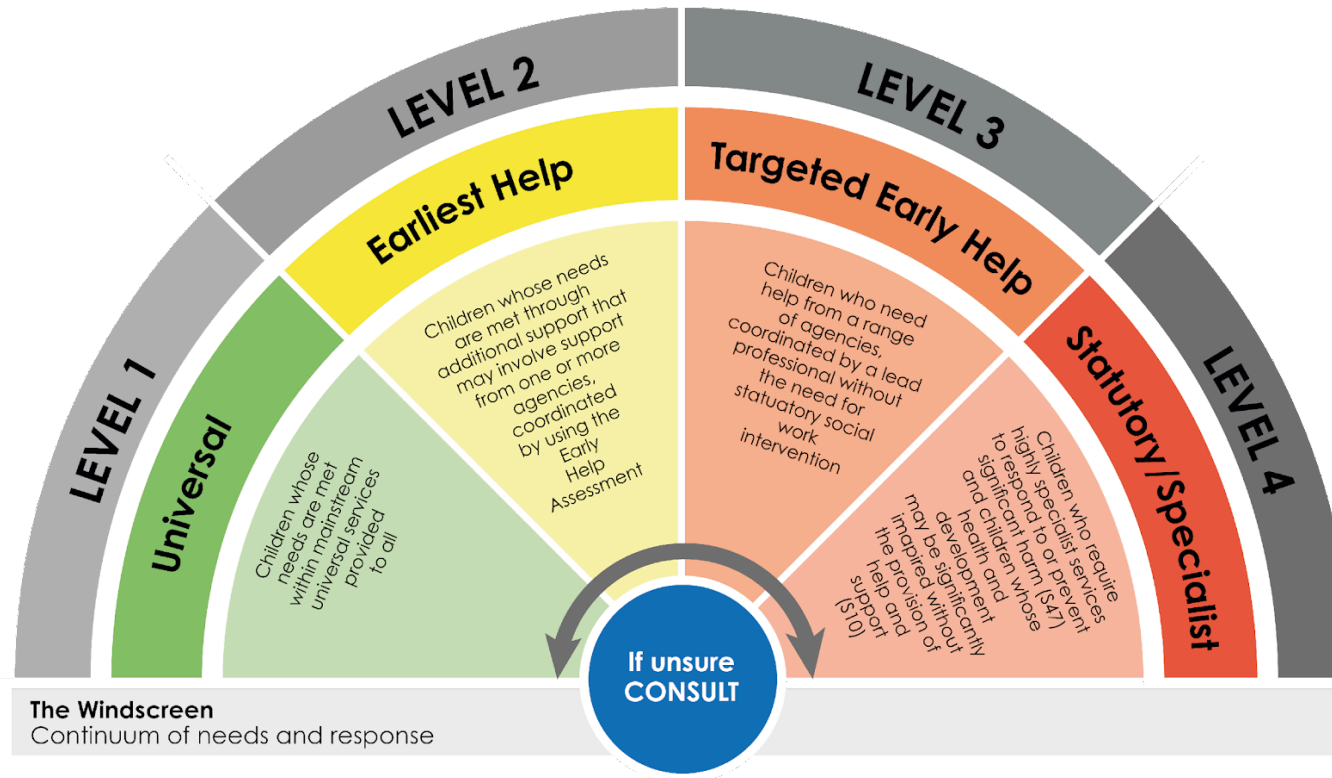
Referral to External Services

Working closely with the Safeguarding Team, we act swiftly on intelligence led concerns to refer to external agencies that can provide advice, guidance and support to children and families within our locality to ensure that the right support is provided, at the right time, by the right service.

Further information about the services we can and do refer to are included overleaf.

Staffordshire Children’s & Families Service and Safeguarding Children’s Board Continuum of Need

The Threshold Framework ‘**Accessing the Right Help at the Right Time**’ is the overarching document for the whole of the children and young people’s workforce and should be used by practitioners to aid decision making but, not replace the conversations and curiosity we need to have when faced with concerns about a child or young person to determine the best next steps. All practitioners should use their safeguarding leads and conversations at the front door (SCAS) for support, guidance, and reflection and for those based in Education Settings, discussion with ESAS (Education Safeguarding Advice Service).



Early Help Offer

Early Help is a pathway to supporting you and your child as they grow up when you or they may need further support or guidance. Providing early help to our pupils and families at The Bridge Academy means we can improve outcomes for children, families, and communities, providing support as soon as a problem emerges, at any point in a child's life, from the early years through to teenage years.

Early Help can support children, and their families, who may be struggling with:

- Routines and family rules
- Families who may not be eating healthy food
- Keeping to a healthy lifestyle
- Children who are caring for a family member
- Children who may not want to go to school for different reasons.
- Disability within the family including children being a young carer.
- Children in the family have special educational needs (SEND)
- Children who may become involved in antisocial or criminal behaviour.
- Children who go missing from home
- Children or parents / carers misusing drugs or alcohol.
- Children at risk of being tricked, forced, or made to work in the criminal world.
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems.
- Children who have parents who argue a lot (and sometimes might hurt each other) whether the parents live together or apart.
- Children at risk of being groomed to join groups which support illegal views.
- A privately fostered child (a child from another family living within your family home)

Early help relies upon local groups and people in the community, sometimes we work together to help children, young people, and their families.

Everyone needs help at some time in their lives and therefore an ethos of early help is important for any school.

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If you are experiencing any of these challenges or issues affecting family life, please contact a member of staff who will be happy to provide you further advice and support.

Child Exploitation

Catch22

Stoke-on-Trent and Staffordshire Child Exploitation and Missing Services deliver bespoke interventions with children and young people who have gone missing from home or care, or who are at risk of Child Exploitation, supporting them to recover and stay safe.

<https://www.catch-22.org.uk/find-services/stoke-staffordshire-ce-and-missing/>

Childline

There to help anyone under 19 in the UK with any issue they're going through. You can talk about anything. Whether it's something big or small, our trained counsellors are here to support you. Childline is free, confidential and available any time, day or night.

<https://www.childline.org.uk/>

Youth Offending Team

Youth offending teams work with young people that get into trouble with the law, are arrested, or taken to court, and help them stay away from crime. The south-east Staffordshire youth offending team are based in Lichfield and cover the East Staffordshire, Tamworth and Lichfield districts.

Phone: 01543 510103 or email - staffordshire-yot-east@staffordshire.gov.uk

Multi Agency Child Exploitation (MACE)

MACE will be the forum for safeguarding children at risk of exploitation within a partnership arena.

<https://staffscb.org.uk/working-together-to-safeguard-children/child-exploitation/vamap/>

Domestic Abuse and Victim Support

The Staffordshire Victim Gateway and Restorative Justice Service

A free and confidential service that provides advice, information, emotional and practical support to all victims of crime across Staffordshire even if the incident or crime has not been reported to the Police, or whether the crime has happened recently or in the past.

<https://staffsvictimsgateway.org.uk/>

New Era

The holistic Domestic Abuse (DA) service operates across Staffordshire and Stoke on Trent. Offering help to all those affected by domestic abuse in Staffordshire or Stoke-on-Trent, New Era provides free and confidential support for victims, perpetrators and their families.

<https://www.victimsupport.org.uk/resources/staffordshire/>

Harmony ASB support service

The ASB Support Service in Staffordshire and Stoke-on-Trent provides support if you've been affected by antisocial behaviour. This is provided by by Victim Support across Staffordshire and Stoke-on-Trent <https://www.victimsupport.org.uk/resources/harmony-asb-support-service-staffordshire-and-stoke-on-trent/>

Staffordshire Women's Aid

Staffordshire Women's Aid is a specialist service who have been providing Domestic and Sexual Violence Services since 1976. We are committed to equality and diversity and aim to provide a service for all regardless of sex, age, ethnicity, sexuality, disability, religion or class. Their work is situated within the Violence Against Women and Girls.

<https://www.staffordshirewomensaid.org/>

Staffordshire Pathway Project

Supporting children, young people and adults who are experiencing or affected by domestic abuse.

<http://www.pathway-project.co.uk/>

Families Support

Staffordshire Family Support and Outreach Service

This service is for families with children aged 0-19 years and up to 25 years for those with Special Educational Needs and Disabilities (SEND) who need support, so they feel empowered to manage challenges and take greater control over their own family's health and wellbeing.

Lichfield, Tamworth and East Staffordshire - Malachi Specialist Family Support Services

Phone: 0121 441 4456 Email: Staffordshire@malachi.org.uk

Family Practitioner Service Staffordshire

The Family Practitioner Service offers support for families who may be facing multiple or complex difficulties. Family Practitioners are able to provide 1:1 support for children and young people. They can also help parents and carers with difficulties they may be having, which are affecting family life. Examples include: emotional wellbeing work; parenting support & behaviour management; healthy relationships; safety in the community; addressing domestic violence in adult relationships; and/or alcohol or substance dependency

Referrals can be made by parents or professionals. It may help to speak to your child's school for help with making a referral. Referrals are made by calling Staffordshire Children's Advice and Support Service on 0300 111 8007, select option 1, then option 3.

Family Hubs Staffordshire

Your local Family Hub is a virtual space where you can find advice and support, and connect with others in your area. The Family Hubs offer a range of information, support and advice for families at a local and county level. This is shared mainly through the Family Hub Facebook pages but can also be answered by

individual queries by email, message or phone calls.

Located at Purcell Avenue, Lichfield, Staffordshire, WS13 7PH

For enquiries on activities call 01543 512024, for all other enquiries please call Kerry Heath on 07794 175467.

Finance, Housing & Employment

Citizens Advice South East Staffordshire

Citizens Advice is a local charity that provides services to residents in Lichfield and Burntwood. It offers free, confidential, impartial and independent advice and information on any subject

<https://casestaffs.org.uk/>

Lichfield's Local Food Bank

<https://lichfield.foodbank.org.uk/>

Lichfield District Council

<https://www.lichfielddc.gov.uk/homepage/159/cost-of-living-support>

Mental Health & Wellbeing

Staffordshire Health App Finder

This is the one stop shop for finding all the apps to support your health and wellbeing.

<https://staffordshire.orchahealth.com/en-GB>

Staffordshire Emotional Health and Wellbeing Service

Their services are in place to support children and young people, from 5 to 18, with their mental health.

<https://www.staffordshire-ewb.actionforchildren.org.uk/>

Children and Families Single Point of Access

CaFSPA aims to simplify the way children, young people, their families or carers seek care, support, and guidance, while also streamlining how health and care professionals, alongside others can make a referral. The initial services to be part of the Single Point of Access are CAMHS, Health Visiting and School Nursing, and Action for Children. CaFSPA will triage information provided to understand the needs of the child, young person, and their families.

<https://www.mpft.nhs.uk/about-us/latest-news/children-and-families-single-point-access>

The Dove Service - support for adults and children

We offer counselling and other support to people of all ages who have experienced bereavement, significant loss, or life changing/limiting illness. We also work with people who are trying to cope with

anticipatory grief, i.e. you or someone you love has been diagnosed with a terminal illness.

<http://www.thedoveservice.org.uk/>

Yess - Your Emotional Support Service

We are a Uttoxeter based charity that provides emotional wellbeing and mental health support to children, young people and adults within Staffordshire. We provide an information advice and guidance service, individual therapy and group work. We run specific projects addressing a range of issues. Training and supervision is also available for professionals.

<https://yess.uk/>

Mental Health and Autism Peer Support Stafford (MAPS)

Here at MAPS we take an autism informed approach to mental health. This means that in whatever we do- whatever interventions we deliver or practical and emotional support we offer- it is with an understanding of how autism affects and interacts with this. We appreciate and understand how autistic traits can exacerbate mental health concerns. We also understand that individuals with autism may have different needs and preferences in terms of communication styles and practical reasonable adjustments.

<https://www.mhm.org.uk/>

CAMHS Services

<https://camhs.mpft.nhs.uk/south-staffordshire/our-services>

Mentoring Programmes

Dizzy Heights

They specialise in working with vulnerable groups of young people and deliver targeted sessions on a 1:1 or group basis covering drug & alcohol education, NEET prevention, criminal child exploitation and physical and mental wellbeing.

<https://dizzyheights.org/>

Active Lichfield - US Girls

The US Girls programme is designed to increase and sustain young women's participation in sport and physical activity within some of the nation's most disadvantaged communities and originated from StreetGames. We have taken this initiative and working with other organisations tailored the delivery specifically for disadvantaged and vulnerable young women and girls within the district who will benefit the most.

<https://www.activelichfield.co.uk/us-girls/referral/>

Together We Make a Difference

Inspiring a new generation of young people to expect more from life, from their future, and from themselves. Together We Make a Difference (often referred to as TW MAD) is a youth support organisation based in Stoke-on-Trent. We provide disengaged children and young people with the support, resources,

and inspiration they need to change their own story for the better.

<https://www.twmad.co.uk/contact-us/>

Cherished

Cherished is a charity who provide attachment-focused and trauma responsive support for children and young people in Primary and Secondary schools across Birmingham. We ensure that every child who we support feels safe, seen, soothed and secure. Cherished is our service to support girls, and Roar supports boys. The support that we offer includes 1:1 mentoring, school courses, Blossom and Roar groups, workshops and events. We also offer training for parents, carers and professionals and volunteering opportunities.

<https://www.cherisheduk.org/>

Online Safety

If you have concerns around the safety of your child or a child you know online, the following links will provide you with information, support, and advice to help understand the risks and keep your child safe online:

<https://www.ceop.police.uk/safety-centre/>

<https://www.thinkuknow.co.uk/>

<https://www.barnardos.org.uk/get-support/support-for-parents-and-carers/child-abuse-and-harm/keeping-children-safe-online>

<https://www.educateagainsthate.com/>

<https://www.internetmatters.org/>

Physical Health

Health for Kids

This is a fantastic resource for health-related subjects for children aged 4-11 years. Health for Kids introduces a new and different way for primary school children to learn about their health.

<https://www.healthforkids.co.uk/>

www.healthforteens.co.uk

This is the first NHS website created by and for young people. With a focus on physical and mental health & wellbeing the website offers facts, quizzes and articles created by experts from services including school

nursing, health improvement, smoking cessation, dietetics, paediatricians and mental health.

<https://www.healthforteens.co.uk/staffordshireandstoke/>

The Hubs

These locally based Hub give families and young people advice and support from professionals within the 0-19 services and are the point of access for professionals and other healthcare services. East Hub (covering East Staffordshire, Tamworth, Lichfield and Cannock).

Contact - FHWS.east@mpft.nhs.uk or FHWS.east@nhs.net 0300 303 3924

ChatHealth

This is an award-winning messaging service for young people and parents to get advice and support about health related issues. Young people messaging the service will be able to receive advice and signposting on a wide array of subjects including bullying, health, drugs, self-esteem, relationships and sexual health.

Parents/carers text: 07520 615722 and for young people living in Staffordshire, text 07520 615721

Positive Activities & Communities

Lichfield Library

The Guild of St Mary's Centre, Market Square, Lichfield, Staffordshire - WS13 6LG

Staffordshire Council of Voluntary Youth Services

SCVYS supports the children and young people's voluntary sector in Staffordshire to be safe, strong and sustainable and provides a portal to activities for children and young people.

<https://staffscvys.org.uk/activities/>

Places to go, things to do for all ages

<https://www.staffordshireconnects.info/kb5/staffordshire/directory/localoffer.page?localofferchannel=6>

SEND – Specialist Educational Needs and/or Disabilities

SEND Keyworker Contacts

The SEND Team is responsible for the assessment of children and young people aged 0-25 with complex special educational needs who may need an education, health and care plan.

Lichfield - Family Practitioner Lead: Amy Challinor

Email: amy.challinor@staffordshire.gov.uk

Tessa Bailey email: tessa.bailey3@staffordshire.gov.uk

Cheryl Fox email: cheryl.fox@staffordshire.gov.uk

Emma Gould email: emma.gould@staffordshire.gov.uk

Rachael Holdcroft email: rachael.holdcroft@staffordshire.gov.uk

Email: LichfieldSENDandEducation@staffordshire.gov.uk

SENDIASS - Staffordshire Family Partnership

We provide an impartial and confidential service on matters relating to a child or young person's special educational needs or disability from birth to 25 years. We are the Information, Advice and Support Service for Staffordshire.

<https://www.staffs-iass.org/>

Sexual Health

Specialised Sexual Health Services - 13+

Open Clinic provides a range of services which include C-Card - offers information and advice about sexual health and relationships and quick and easy access to free condoms for 13-24 year olds; Contraceptives and emergency contraceptives; HIV testing, treatment and care; STI testing; Psychosexual Clinic; and Sexual Assault Support

<https://openclinic.org.uk/>

Sexual Abuse Rape Advice Centre

SARAC (Sexual Abuse Rape Advice Centre) offers confidential support for people in Burton, Lichfield, Tamworth, Uttoxeter, Swadlincote and South Derbyshire who are at risk of or have experienced sexual violence and/or rape at anytime in their lives. Our specialist support is for any individual over 11 years old. The services are provided by experienced and qualified sexual-violence-trauma supporters.

Call our confidential helpline on 01283 517185

<https://sarac.org.uk/>

Relate

We have a network of Relate Centres across the UK and a group of licensed local counsellors that provide face-to-face counselling and support. Our counselling services include relationship counselling, family counselling, mediation, children's counselling, young people's counselling and sex therapy. For those who are in more need of a quick chat than ongoing support, we offer 30 minute chats with a counsellor over the phone or on web chat, or one session therapy designed to tackle a specific issue and see results straight away.

<https://www.relate.org.uk/>

Substance Misuse

t3 stars

T3 is a confidential service for young people up to 20 years old in Staffordshire (excluding Stoke-on-Trent). t3 stars aims to help young people make informed choices about their alcohol and drug use, and to raise awareness of all the risks involved.

<https://www.staffstreatmentandrecovery.co.uk/how-we-help/t3-stars-young-peoples-service/>